

## **SOMEONE TO LIVE FOR**

Words & Music by: Christian Ingebrigtsen, Dorthe Gerlach & Michael Hartmann

I was fine all by myself  
Didn't need nobody's help  
And I thought that I was better off alone  
I was living on the run  
Always out to have some fun  
I would wind up anywhere the wind was blowing

So it took me by surprise the day you stood in front of me  
I realized that maybe I'd been wrong  
As everything around me started changing I could see  
There's something I'd been missing all along

**You haven't lived  
Until you've lived for someone else  
You haven't loved  
Until you've sacrificed yourself  
You haven't seen  
'Til you've been blinded by the light  
You haven't lived  
Until you've found someone  
To die for**

I was living in a dream  
Or at least that's how it seemed  
I had everything that I could ever want  
But life will give and take  
It took my love away  
And my entire world came tumbling down

Lying face down on the ground  
I learned the greatest thing once more  
Being carried by the friends that I hold dear  
You'll survive no matter what you lose or how hard you may fall  
If someone's there to see you through the tears

**And you haven't lived  
Until you've lived for someone else  
You haven't loved  
Until you've sacrificed yourself  
You haven't seen**

**'Til you've been blinded by the light  
You haven't lived  
Until you've found someone  
To die for**

And as the years go by  
There are times when I forget  
But now I've been reminded of this lesson once again  
When I see my baby smile  
And feel her tiny hands in mine

**You haven't lived  
Until you've lived for someone else  
You haven't loved  
Until you've sacrificed yourself  
You haven't seen  
'Til you've been blinded by the light  
You haven't lived  
Until you've found someone  
To live for**

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## **STILL**

Words & Music by: Christian Ingebrigtsen & Michael Hunter Ochs

You're so beautiful  
It's painful  
You kill me so sweetly  
You're so sensual  
An original  
A Michelangelo  
It should be so easy  
Still love keeps slipping away from me  
Over and over again

**Still I love you even though I know all too well  
Someday this could really hurt me like hell  
I should know better but I can't help myself  
I shouldn't let you have my heart but I will  
Yeah, I will love you still**

You're untouchable  
You're unforgettable  
We keep getting closer  
But when you turn it on  
and you turn it off  
Gets our signals crossed  
I just want to hold you  
Rest your head on my shoulder  
Start it all over again

**Still I love you even though I know all too well  
Someday this could really hurt me like hell  
I should know better but I can't help myself  
I shouldn't let you have my heart but I will  
Yeah, I will love you still**

As long as the sun is still shining  
If there's still a mountain worth climbing  
I swear I'll still keep on trying  
I will I will

**Still I love you even though I know all too well  
Someday this could really hurt me like hell  
I should know better but I can't help myself**

**I shouldn't let you have my heart but I will  
Yeah, I will love you still**

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## **BREAK ME**

Words & Music by: Christian Ingebrigtsen, Michael Hunter Ochs, Svein Hyttbakk & Jonas Myrin

You took me to the other side  
The place that only lovers find  
We were there  
It was real  
It's like the world just disappeared  
But we could see it all so clear  
We fell fast  
As time stood still

I could have held you 'til forever  
And still held on  
But you let go and now I'll never  
Know what went wrong

**You took me in with open arms  
Gave me strength to carry on  
When I was ready to surrender  
You saved me  
Why would you heal a broken heart  
Only to let it fall apart  
Why would you put me back together  
Then break me**

I don't want to close my eyes  
Afraid I'll see you one more time  
Just to lose  
You again  
So I stay up all night long  
Try to forget that you are gone  
But memories  
Fall like rain

We would kiss as if each moment  
Was all we had  
Feels like a piece of me was stolen  
That I can't get back

**You took me in with open arms  
Gave me strength to carry on  
When I was ready to surrender**

**You saved me  
Why would you heal a broken heart  
Only to let it fall apart  
Why would you put me back together  
Then break me**

Break me down  
Please save me

I could have held you 'til forever  
And still held on  
But you let go and now I'll never  
Know what went wrong

**You took me in with open arms  
Gave me strength to carry on  
When I was ready to surrender  
You saved me  
Why would you heal a broken heart  
Only to let it fall apart  
Why would you put me back together  
Then break me**

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# PERFECT DAY

Words & Music by: Christian Ingebrigtsen & Mads Hauge

When I get out of bed  
With a cloud above my head  
I take one step at a time  
Shake it off and then I find

If I just start to move  
It clears my mind  
I come alive  
I feel something new  
If you don't know what to do

**Get up, Wake up**  
**What are you waiting for**  
**Get up, Wake up**  
**Love's knocking on your door**  
**Get up, Wake up**  
**Now is the time and place**  
**Get up, Wake up (Step up, shake up)**  
**Today is the perfect day**

So you're caught in a web  
And you feel your dream is dead  
Take a breath for a while  
Lift your head up with a smile

If you just start to move  
It clears your mind  
You come alive  
You'll feel something new  
If you don't know what to do

**Get up, Wake up**  
**What are you waiting for**  
**Get up, Wake up**

**Love's knocking on your door**

**Get up, Wake up**

**Now is the time and place**

**Get up, Wake up (Step up, shake up)**

**Today is the perfect day**

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# **YOU CAN'T HELP IT**

Words & Music by: Christian Ingebrigtsen & Michael Hunter Ochs

Please forget me not  
Even though you found somebody else  
I thought I'd stop  
By so I could wish you well  
I still see your face  
Every time I close my eyes  
Please tell me how to let you go

**YOU CAN'T HELP IF YOU CAN'T FEEL IT  
IT'S JUST SOMETHING THAT YOU DON'T  
YOU CAN'T MAKE YOURSELF FEEL SOMETHING  
THAT YOUR HEART DECIDES IT WON'T  
NO SENSE IN ASKING WHY  
GOD KNOWS THAT YOU HAVE TRIED  
YOU CAN'T HELP IT  
IF YOU DON'T LOVE ME**

We share everything  
You're the only one who's seen  
The very heart of me  
And maybe that's what hurts the most  
So bring on the rain  
Let it wash the pain away  
I'm moving on cos we both know

**YOU CAN'T HELP IF YOU CAN'T FEEL IT  
IT'S JUST SOMETHING THAT YOU DON'T  
YOU CAN'T MAKE YOURSELF FEEL SOMETHING  
THAT YOUR HEART DECIDES IT WON'T  
NO SENSE IN ASKING WHY  
GOD KNOWS THAT YOU HAVE TRIED  
YOU CAN'T HELP IT  
IF YOU DON'T LOVE ME**

All along  
Were we pretending  
Holding on to what was ending  
Deep inside  
I guess I've always known

**YOU CAN'T HELP IF YOU CAN'T FEEL IT  
IT'S JUST SOMETHING THAT YOU DON'T  
YOU CAN'T MAKE YOURSELF FEEL SOMETHING  
THAT YOUR HEART DECIDES IT WON'T  
NO SENSE IN ASKING WHY  
GOD KNOWS THAT YOU HAVE TRIED  
YOU CAN'T HELP IT  
IF YOU DON'T LOVE ME**

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## **ONCE I HAD WINGS**

Words & Music by: Christian Ingebrigtsen & Vidar Johnsen

I've made peace  
But I'm still a mess  
After running in search of some place  
To come to rest  
Somewhere I lost  
The truth that I found  
And building up faith  
Is tearing me down

**ONCE I HAD WINGS  
I'D SOAR THE SKIES  
I'D REST ON THE WIND  
CLOSING MY EYES  
AND GLIDE WITH A SMILE  
I USED TO DREAM  
ONE DAY I'D ARRIVE  
WHERE I AM NOW  
BUT NOW THAT I'M HERE  
I JUST WANT TO FLY**

When I was free  
I built a wall  
Now that I'm trying to climb it I find  
That it's too tall  
I was blind  
To the love I received  
By keeping fear out  
I locked myself in

**ONCE I HAD WINGS  
I'D SOAR THE SKIES  
I'D REST ON THE WIND  
CLOSING MY EYES  
AND GLIDE WITH A SMILE  
I USED TO DREAM  
ONE DAY I'D ARRIVE  
WHERE I AM NOW  
BUT NOW THAT I'M HERE  
I JUST WANT TO FLY**

Sometimes we look for a meaning where there is no sense  
Sometimes we want to go back to the start in the end

**ONCE I HAD WINGS  
I'D SOAR THE SKIES  
I'D REST ON THE WIND  
CLOSING MY EYES  
AND GLIDE WITH A SMILE  
I USED TO DREAM  
ONE DAY I'D ARRIVE  
WHERE I AM NOW  
BUT NOW THAT I'M HERE  
I JUST WANT TO FLY**

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# **GOT TO BE**

Words & Music by: Christian Ingebrigtsen

Tell me how do I get back again  
To when I didn't need to pretend  
Cos it feels like I only chase the wind  
I'm a shadow of who I could have been  
Tell me how to make things right  
Help bring me back to life

**Got to be strong**

**To go on**

**Go on**

**I've got to be strong**

**To go on**

**Go on**

**I've got to be strong to hide my emotions**

**I've got to be strong to prove my devotion**

**I've got to be**

**I've got to be**

**I've got to be strong**

I need to find peace of mind  
I need myself redefined  
I've got to find that special someone  
Who can help me take it all away  
I need to see it while I'm still young  
I need to find a cure

**Got to be strong**

**To go on**

**Go on**

**I've got to be strong**

**To go on**

**Go on**

**I've got to be strong to hide my emotions**

**Got to be strong to prove my devotion**

**I've got to be  
I've got to be  
I've got to be strong**

It's crazy  
When did I stumble?  
Everyone else knows  
You've got to go on  
Got to go on  
Oh, help me find my halo  
How could I let go  
I've got to go on  
Got to go on

**Got to be strong  
To go on  
Go on  
I've got to be strong  
To go on  
Go on  
I've got to be strong to hide my emotions  
Got to be strong to prove my devotion  
I've got to be  
I've got to be  
I've got to be strong  
I got to be**

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# RAIN ON MY PARADE

Words & Music by: Christian Ingebrigtsen, Per Kristian Ottestad & Elise Vatsvåg

Ask me  
I'll tell you that my life's amazing  
Everything is fine and dandy  
With me  
No really  
I feel there's nothing left to faze me  
They way my life's been going lately  
I swear I must be going crazy  
I'd be doing alright  
But for the cloud in my sky

**Way to rain on my parade  
Coming down on me again  
Every time I think you're gone  
You hold me back from moving on  
Way to rain on my parade  
I breath you in and suffocate  
So if you're over you and me  
Set me free**

Funny  
How you get caught up in one thing  
Even when your life is going  
Your way  
My head spins  
Every time I hear you calling  
It seems as if my world's revolving  
Around the one who keeps me falling  
Coz you don't want to stay  
But you won't walk away

**Way to rain on my parade  
Coming down on me again  
Every time I think you're gone  
You hold me back from moving on  
Way to rain on my parade  
I breath you in and suffocate  
So if you're over you and me  
Set me free**

Are you in or are you out baby?  
I would love for you to stay with me  
I can only let you break my heart for so long  
But if you're gonna keep holding on  
You gotta show me that is what you want  
I can only let you break my heart for so long

**Way to rain on my parade  
Coming down on me again  
Every time I think you're gone  
You hold me back from moving on  
Way to rain on my parade  
I breath you in and suffocate  
So if you're over you and me  
Set me free**

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## **BEST OF FRIENDS**

Words & Music by: Christian Ingebrigtsen & Michael Hunter Ochs

Are there storm clouds in your sky tonight  
Could you use a hand to hold  
Does it feel like no one's on your side  
Well you don't have to fight this fight alone

Cos there's no mountain high I wouldn't climb with you  
If we can't get over together we'll get through

**Wherever you are  
If the rain comes down  
Call on me and I'll come running  
I'll be there  
Time and time again  
And whenever the world knocks me around  
If ever I fall I know I can always count on you  
That's what you do  
When you're best of friends**

When there's trouble on down the road ahead  
And you've been driving all night long  
I could be your co-pilot  
Let you rest until you're feeling strong

Cos there's no mountain high I wouldn't climb with you  
If we can't get over together we'll get through

**Wherever you are  
If the rain comes down  
Call on me and I'll come running  
I'll be there  
Time and time again  
And whenever the world knocks me around  
If ever I fall I know I can always count on you  
That's what you do**

**When you're best of friends**

Let the rain keep pouring down  
We'll just stand our ground  
'Til the sun decides to shine again  
Cos love is stronger than steel  
That's just the way it feels  
When you're best of friends

**Wherever you are  
If the rain comes down  
Call on me and I'll come running  
I'll be there  
Time and time again  
And whenever the world knocks me around  
If ever I fall I know I can always count on you  
That's what you do  
When you're best of friends**

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# GRATEFUL

Words & Music by: Christian Ingebrigtsen & Michael Hunter Ochs

When I'm grateful  
And I'm staring at the sky  
I feel so small like a ship against the tide  
Still I know there's a simple truth

I am grateful  
When I hear the saddest song  
In that moment I know I am not alone  
Someone else feels the same way too

**To be grateful even in my heartache and my pain  
To be grateful when it feels like I'm about to break**

Ever grateful  
For the scars along the way  
And I'm thankful for each mistake I've made  
Cos somehow it all led me to you

**To be grateful even in my heartache and my pain  
To be grateful when it feels like I'm about to break**

When I'm grateful  
And I'm staring at the sky  
I feel so small – still so good to be alive  
Cos I know I share it all with you  
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# SHAKESPEARE ON THE DANCE FLOOR

Words & Music by: Christian Ingebrigtsen & Michael Hunter Ochs

She's waiting for her mister right  
And every day she feels misunderstood  
But life begins on Friday nights  
Yeah, cos the music makes her feel so good  
She's dancing to a different beat  
What a scene  
A midsummer night's dream

**Lovers come and lovers go**  
**It's Shakespeare on the dance floor**  
**Juliets and Romeos**  
**On and on the story goes**  
**Shakespeare on the dance floor**

She dances like she owns the stage  
And everybody's there to play along  
The music is her food of love  
So come on DJ play her one last song  
She's dancing to a different beat  
What a scene  
A midsummer night's dream

**Lovers come and lovers go**  
**It's Shakespeare on the dance floor**  
**Juliets and Romeos**  
**On and on the story goes**  
**Shakespeare on the dance floor**

It's poetry in motion watching lovers make their move  
Before the curtain falls tonight love is gonna rule

**Lovers come and lovers go**  
**It's Shakespeare on the dance floor**  
**Juliets and Romeos**

**On and on the story goes**  
**Shakespeare on the dance floor**

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# **BE STRONG**

Words & Music by: Christian Ingebrigtsen & Michael Hunter Ochs

Do you ever feel so fragile  
like a ship against the wind  
And your back's against the wall  
In a fight you cannot win

Can you hold on til tomorrow  
Turn the page on yesterday  
You've been knocked down to your knees  
But time will ease your pain

**Be strong**  
**And hold your head up high**  
**Don't give up without a fight**  
**Be strong**  
**In your darkest night**  
**Light your fire and let it shine**  
**Carry on - the best is yet to come**  
**Be strong**

Is there a purpose you were meant for  
Does it feel just out of reach  
Well, if you search deep inside  
You'll find everything you need - to paint your masterpiece

**Be strong**  
**And hold your head up high**  
**Don't give up without a fight**  
**Be strong**  
**In your darkest night**  
**Light your fire and let it shine**  
**Carry on - the best is yet to come**  
**Be strong**

So, Let those tears fall like rain

But, know you're not gonna break you can shoulder the weight  
You don't know your own strength

**Be strong**

**And hold your head up high**

**Don't give up without a fight**

**Be strong**

**In your darkest night**

**Light your fire and let it shine**

**Carry on - the best is yet to come**

**Be strong**

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